



A warm welcome to all Parents, Carers and Friends of PESTS. The weather has started to look up and this term is full of activities for all our families.

Ealing Music Therapy are entering their third term at PESTS and continues to be popular. Following a recent consultation with parents and carers, we are now running the sessions in 6 week blocks every Tuesday morning during the play & support sessions. Booking is essential and you can telephone 0208 571 9954 or email info@pests-ealing.org.uk to secure a place for your child.

Also this term is the annual swimming trip during half term on Sun 27th May from 4pm-6pm at Gurnell Leisure Centre, Ruislip Road East, Ealing, W13 0AL. As always, there will be plenty of refreshments and drinks available for our little guests. Booking is essential and forms are available at the play & support sessions or on our website at www.pests-ealing.org.uk



We are also running Intensive Interaction Workshops - an approach which involves the child in progressive sequences of interactive activities providing them with an opportunity to learn the pre-speech fundamentals of communication. Please telephone 020 8571 9954 if you wish to book a place. You can also visit the PESTS website for more information.

Please take a look at the other events for this term and make a note of them in your diary.

Joy Barton, Project Manager

What's On This Term at PESTS

Family Fund – will be visiting on 24th April to advise parents and Carers about grants for families who are raising children with additional needs.

Intensive Interaction – has three 2 session workshops,. The first begins on 27th April & 18th May, then 25th May and 22nd June and the final group is 29th June & 6th July.

Parent/Carer evening – 30th April Parent Carer evening at the Black horse in Greenford (7.30pm)

Specialist Health Visitor – 1st May and the 10th July Louise Clarke will be visiting offering support and advice.

Emotional Well-being for Parents – 4th May we have the first of 3 workshops on Emotional Well-being where will be discussing “Understanding MY EMOTIONS”. These sessions have proved to be incredibly helpful to parents that have attended in the past.

Clinical Psychologist – Catherine Scholl will be visiting on the 11th May to run a session on Managing behaviors and Boundaries.

Ealing Parent Carer Forum – we will have a visit from a therapist on the 15th May (Brigitte Bistrick-Bryan)

Swimming party Sunday 27th May at Gurnell Leisure Centre 4pm to 6pm – Please complete a booking form.

Singing Hands Friday 8th June – Great fun singing with Makaton signing.

Parent/Carer meal – St Christopher's Church Hanwell, 14th June, 7.30 to 9.30 – Booking essential, please speak to a staff member

PESTS Summer party - 21st July 2-4pm (Venue to be confirmed)



NEWS FROM OUTREACH

Welcome to the new term,

I hope you had a restful break. It's been a busy 12 months, but it's been nice to get to work with you.

The term ahead looks quite exciting and challenging at the same time. Most of the children will be either going into fulltime school or nursery in September. However, this is the term you get to hear if your child has been placed in an education setting of your choice.

I know it can be an anxious time. However, here are few tips to cope with the times ahead:

1. If you have not got the school of your choice, you have a chance to appeal against the decision. (no hope is lost)
2. For those that your child has been allocated their school of your choice, it might be a wise idea to ask if you could do a school visit, this would help you to start getting used to the idea and the environment.
3. The most important people to know in your child's school is the SENDCO Team and the Pupil Wellbeing or Pastoral Team.
4. Start a picture book to introduce your child to the idea of change.
5. Try out the new school route on a weekend

Try to find time to do something you like and that makes you relax. Hope you enjoy and find the activities and workshops planned informative and useful.

I would just like to remind you all that if you do need a listening ear, I am here.

Charity Gondwe – Outreach Worker





TRANSPORT

Is available to those families who need it at a cost of £2.50. Please contact Shannon, our Transport Co-ordinator on 07961 311475

CHARITY fundraising



HANWELL CARNIVAL - VOLUNTEERS NEEDED

Sat 16th June – 12pm - 6pm.

Each year at the Hanwell Carnival PESTS has a stall where we do Raffles, face painting, tombola and lots of fun games.

We desperately need volunteers to help us throughout the day. If you can only spare an hour or two, that's ok - any amount of time would be appreciated.

Please let a staff member know if you can help or call us on 0208 571 9954 or email info@pests-ealing.org.uk



THANKS

Thanks to all our fantastic supporters and all the incredible donations, we have received. Tesco's has been increasingly supportive with their regular clothing donations and is helping PESTS to network with other organisations

